



February 2023, Volume 2—Snowbound



A view of the Carson Range from Shadow Mountain Church on Centerville Lane. Taken by Judy Brooke on January 19, 2023.

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Registration for the 2023 season is open and ready for you! Your completed registration form and payment are due by March 15th. Click on this link to access the 2023 Registration Form online:

DOWNLOAD FORM

If you have any questions regarding payment or the application process please contact Debbie Steele at steeleagood@charter.net.

A Note From the President

ello Golfing Gals! Will the snow ever leave us? Will we ever see green grass on the fairways and greens again? Thankfully, my husband, Gary, and I took a quick trip late January to Pahrump. It's not exactly a desert oasis, but they did have at least one nice golf course—Mountain Hills. We played that 18-hole course the first day and I think my poor husband found every sand trap, and believe me there was a lot

(and I do mean a lot) of sand on the course! The second day we played an 18-hole executive course—Lakeview. Now, I don't know why they call it Lakeview because there ain't no lake in Pahrump! But we did get out of the

snow and freezing temperatures and actually played golf! Yippee!

While our local courses continue to be covered in white stuff, some of us are taking Tuesdays and playing games. Most frequently we play a card game called "Golf" and we will also throw in some Mexican Train. Why don't you join us on Tuesdays at 10:00 a.m. at DST Coffee for a morning out of the house with some golfing girlfriends? It's the perfect solution to help you break out of your winter blues.

Let's go golfing!

Judy Brooke President



n addition to the CVWGC Course Rules Changes the following Club changes were also voted on by members and are new for the 2023 season:

- Every month, the CVWGC will play one TEAM game (non-postable like a scramble), one TEAM game with stroke-play (postable), and two STROKE-PLAY games (postable).
- Starting time for July and August is now 8:00 a.m.
- Hole #13 (the longest Par 3 on our course), will be "closest to the pin" on the **second** shot.
- Payouts on TEAM game days (two times a month) will be done more "creatively".
- Club Championship can be played from either the RED or the WHITE tees (regardless of your declared tees).

Thank you for taking the time to respond to the survey and to give your opinion. The Board appreciates everyone who took the time to complete the survey. We're making sure you have a voice in Club policies.

Spend Your Money

eminder! Club Members you have until **Friday**, **March 31st**, to spend any money you won in the 2022 season and currently have on account at the Pro Shop. If you do not spend your money by March 31st, any and all funds leftover will be donated to the Junior Golf League. Thank you in advance for your generous contribution!



10 Game-Improvement New Year's Resolutions for

Every Golfer in 2023

new year is upon us, and that means it's time to make some resolutions. These aspirations typically come in the form of self improvement, but here at GOLF.com, we've got a better idea for 2023 — resolutions for *game* improvement.

Below, we've outlined 10 New Year's resolutions focused on improving your golf game. If you can follow them throughout the year to come, we're confident 2023 will be one of your best on the course.



It's a bit painful to start this list with a cliché, but for this one we'll make an exception. If you want to play better golf, committing to every shot is a *must*. There's a reason the saying is repeated ad nauseam in this game — because it's true.

2. Take a lesson

There's no surer way to improve than taking lessons. Trying to diagnose your swing faults without the help of a professional is like trying to diagnose your ailments without the help of a doctor. If you're serious about improvement, call up a professional and get a consultation on the books.

3. Play it forward

Before you roll your eyes, consider the benefits of playing it forward. You get more work with your scoring clubs. You get a different look at your typical course. You make more birdies. Plus, you get used to shooting lower scores. All are keys for improvement.

4. Set goals

If you're serious about improvement this season, make a list of concrete goals. Approach every round with those goals in mind and stay focused on the task at hand. If you meet the goals prematurely, set, the bar higher!



5. Speed train

Clubhead speed is all the rage these days, and for good reason. If you can bomb it past your competition, you're at a distinct advantage.

The only way to get those extra yards is through speed training. So get out there, buy a speed-building training aid, and start working on your ability to hit bombs.

6. Get fitted for clubs

You'll be shocked at how much you improve once you get a set of weapons tailor made for your swing. It's not a cheap endeavor, but well worth the investment.

7. Play a new format

Stroke play is fun, but there is so much more to competitive golf than just one format. Match play, four-ball, alternate shot — there are a bevy of options for you to explore this year, and each requires a different mindset and strategy. Try something different and see how it affects your play. It might flip a switch you didn't know you had.

Continued on next page ...

10 Game-Improvement Resolutions (cont.)

8. Stretch more

Mobility is key in golf, and the best way to get it is through stretching. Stretch your golf muscles every day — even when you're not playing — to keep yourself fresh. When you get back to the course, you'll be amazed how much more mobility you have.

9. Take dead aim

In the wise words of Harvey Penick, take dead aim. Have confidence in your abilities, pick your target and execute the shot. Penick tried to make the game simple, and there is no advice more succinct than taking dead aim.

10. Have fun!

Even when things aren't going your way on the course, try to have fun. A bad day on the course is better than a good day in the office — enjoy it!

By: Zephyr Melton January 3, 2023

Click on this link to access the article online:

2023 Resolutions

Time to Spring Forward!



unday, March 12th you get to SPRING FORWARD and change your clocks to reflect more daylight hours!

Just a Few Daylight Saving Time Facts:

- DST was first enacted by the federal government during WWI as a way to conserve coal.
- It became a national standard in the U.S. in 1966 with the passage of the Uniform Time Act.
- It accounts for about 65% of the year.
- States must have approval from Congress before making DST permanent.
- More than 70 countries observe DST.

Posting Scores

osting scores for your handicap at NNGA golf courses resumes

March 15th after winter break. That means when you play a round at an NNGA course, you must post your score! It's not only a USGA and NNGA rule, but a Club Rule as well to prevent players from sandbagging their handicap.



The snowpacked view from Deb Warzynski's home office window in Gardnerville.

> Sara Cleary's snow-buried backyard BBQ in Gardnerville.

A Snowy Winter Wonderland



Gail
Ellingwood's
pogonipped
spider web
in the Smith
Valley.



A Snowy Winter Wonderland (cont.)



Mary Milligan's weighted-down redwoods in Yerington



snowy stroll in the woods in Gardnerville..



Vicki Oland's frozen icicle wind chime on her back patio in Gardnerville.



A note from Sandy Trainer: Here we are on an "old farts" hike. Jack is the guy in the end of the line. We just climbed up from the valley floor. It wasn't a really hard hike, just 3 miles and not too steep. When I see pictures like this I realize I am old but it makes me happy to know I can still get out and enjoy the outdoors here in the winter instead of being in the snow and cold. We do a lot of eating and playing games with our many friends here. LIFE IS GOOD! But I gain weight every winter.



The beautiful Carson Valley, a wonderful winter wonderland. Photo taken by Ursula McManus.



A Snowy Winter Wonderland (cont.)



Jan Singyke took this picture showing the back of Richard's truck in their driveway. What you can barely see next to it is a car buried beneath the fallen tree.



dog, snuggled in the snow in Gardnerville. broken tree



Debbie Steele and her husband, Sam, enjoying the amazing

views of the Carson Valley from the ski slopes on the

Nevada side of Heavenly..

backyard in Wellington, NV.



Janet Brown's granddaughter in her back yard dressed up like Elsa from Frozen.

Pogonip prettified tree branches. taken by Judy Brooke at Pulse Fitness in Minden.



Dear Patti

Patti Parker's Monthly Rules Advice Column

As you are all aware, Club members recently voted on a number of new and/or clarifications of our current CVWGC Course Rules. <u>All</u> of these rules are for CVWGC use only and do not apply to any other tournament play. **Remember**, whenever a rule applies you

must have majority consensus (3 of 4 OR 2 of 3) from all players in your group to confirm using the rule.

- Designated "drop zones" will be established for Holes #1, 2, 6, 9 and 16 on the opposite side of the water hazards giving players an extra option for relief from penalty area. Click on this link to see USGA Model Local Rule 8-E1.1 for taking relief in a drop zone (scroll down to locate the rule). The player must drop the ball in and have it come to rest in the drop zone.
- When conditions such as wet grounds throughout parts of the course cause mud to stick to the ball, players will be allowed to pick up, clean, and replace their muddy golf ball in the same spot in the general area without incurring a penalty. USGA Model Local Rule 8 E-2 states The player must mark the spot before lifting the ball and the ball must be replaced on its original spot for relief without penalty. Click on this link to see USGA Rule 14.1-14.2 for additional details.
- Anywhere on the fairway where there is no grass (your ball is lying on bare dirt) will be considered ground under repair.
 Player may take free relief in an area with grass to place their ball, but no closer to the hole. A divot or area of multiple divots are not considered as a "no grass" area and your ball must be played as it lies. This rule provides further clarification to the existing CVWGC Course Rule.
- To clarify CVWGC Course Rules describing "Abnormal Course Conditions" we have added areas of unusual damage in the general area from heavy rain or the watering system such as deep ruts caused by vehicles or deep footprints caused by players. Whether marked or not, these conditions will be considered ground under repair. Player may take free relief, but no closer to the hole.
- Anywhere on the course where there is damage due to animals or insects that will affect either the player's golf swing or golf stance (for example vole burrows or gopher mounds), and/or insects, these areas will be considered ground under repair and free relief may be taken, but no closer to the hole.
- Anywhere on the course where either bear scat or dog excrement affects either the player's golf swing or golf stance, the player may either remove the impediment or treat it as ground under repair and take free relief, but no closer to the hole.

Rules/Pace of Play Clinic

arch 28th, CVGC is hosting a pre-season "Rules/Pace of Play Clinic". We are encouraging **EVERYONE** to sign-up for

this very important clinic that will help all members finish a round of golf in less time. The clinic will run from 10:00 a.m. to 11:30 a.m., and the cost is \$20.00/person which includes a 90-minute "on course" learning experience.

In this clinic, you will learn how to improve your pace of play as our Pro, Dan D'Angelo, shares specific tips to employ that will help you become more efficient and effective while navigating tee boxes, fairways, and greens. The learning experience will require the use of both your wedge and putter. A minimum of 10 sign-ups are required to hold the Clinic.

Contact the Pro Shop at (775) 265-3181 to reserve **your** spot **TODAY!**

Spotlight on Kathy Belvel, Heavenly Hostess

been skiing a very, very long time—since she was 12-years-old! Her family in Wawona in Yosemite cabin National Park for many years so she grew up skiing with her family at the local resort, Badger Pass Ski Area.

In high school, she joined the National Ski Patrol Association working on the weekends. Then in college, Kathy joined the College of San Mateo Ski Team, started part-time ski instructing on the weekends, and engaged in a little bit of downhill racing. That long history of competitive skiing paved the way for her current Heavenly history.

Kathy was introduced to Gardnerville through other skiers on a chair lift. She would ask them where they were from, and they would point to the Carson Valley and say, "Down there." Eventually, she made the move to the Carson Valley and decided she needed a way to meet new people and get out of the house. That led her to start researching how to become a ski ambassador since skiing was one of her passions. After a second phone interview by Heavenly Ski Resort (owned by Vail Resorts) she was hired on the spot!



Her first job with Heavenly was as a Mountain Host. Mountain Hosts are responsible for answering guest's questions while skiing. Questions could be about where the best snow conditions are or how to get to a specific run. The Hosts have three rotation locations: top of the Gondola, top of Sky Chair, and top of Dipper Chair which is located on the

Nevada side. In addition to answering questions, Hosts can assist the Ski Patrol if no one else has arrived on the scene of an accident. All Vail employees enjoy two great perks. The first is you can ski any Vail Resort around the world for free. The second is "first tracks" which means before the resort is open to the public you get to ski down the mountain making the first tracks in the fresh powder!

For an avid skier, it almost doesn't get any better than that. But then a friendship was formed which made things even better!

Kathy and Melinda Johnson (another Club member) became fast friends both on and off the slopes. Melinda would introduce Kathy to her friends as, "This is my friend, Kathy, and we're going to ski the Alps together." Finally, Kathy asked Melinda when exactly they were going to do that. Before long the plans were made, the date was set, and in 2016 they traveled to Italy, France, Austria and Switzerland to ski the Alps.

The end of the winter season doesn't end Kathy's time on the mountain. Each summer she removes her Mountain Host hat and

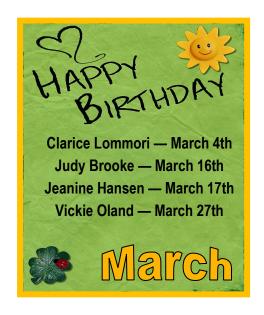
replaces it with her Eco Ranger hat. As an Eco Ranger, Kathy answers guest's questions about Lake Tahoe and the surrounding area. Questions could be about the local flora and fauna, different animals that inhabit the area. or the history of Lake Tahoe. A couple of the most frequently asked questions are "How deep is Lake Tahoe?" and "How was Lake Tahoe formed". Kathy gladly contributed her learned knowledge and experience by creating a 16-page "Facts of Lake Tahoe" publication for future Eco Rangers to use during their guest interactions.



Kathy as an Eco Ranger. The yellow snow level was after the 2016/2017 snowfall of over 660 inches!

These two Heavenly jobs tap into Kathy's mark on the pole indicates where the deeply rooted inquisitive nature. She's constantly seeking out new learning opportunities about the mountain, whether

it's to learn more about winter conditions such as the best runs, best snow conditions, or the best place to take a photo. And in the summer she works tirelessly to learn as many fun facts as she can about the eco system of the region to share with the mountain guests. Now, let's see if we can persuade Kathy to take the golf club members on our own personalized tour of Heavenly this summer!



We want not only your photos for future editions of Golf Gossip, but also any fun/funny tidbits of golf gossip you experience with your golfing partners! You can email your pictures and stories to: judypsalms100@gmail.com

Thank you for helping make Golf Gossip fun, informative and worth reading.



Judy Brooke
Vice President & Editor Assistant Editor: Suze Ericson

