

Golf Gossip



January 2023, Volume 1—Happy New Year!



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A Note From Your President



Happy new year golfing gals! What a way to begin a new year! Have you ever seen so much snow in the Carson Valley? It has definitely put a crimp in my winter golfing routine to say the very least. Many of us were without power from one to four days. Digging our cars out of our driveways was a new challenge for the new year. Limbs were severed from trees laden with the thick, heavy snow. And that's just a few of the challenges we all faced. I'm sure you have your own story to tell from this stormy January. However, in the midst of that we also had a number of unbelievably beautiful days with that amazing natural phenomenon, pogonip, clothing the valley in a crystal-like cape.

Thank you for the opportunity to continue to serve you—now as your President. I'm looking forward to a great year where we can get everyone involved in making the Club a better golfing experience for all level of golfers—including **YOU!** The future of most things often includes bringing in newer, younger people to replace those who

can no longer participate. That's why it's important that we look to bring in new players who will be here long after we are gone. So let's be warm and welcoming, patient, and kind as we bring them into the wonderful world of golf.

Our very diverse group of golfers sometimes leads to competing ideas of what the golf club should be like, and not everyone is going to be happy all the time. However, we can all do our best to try to take into consideration each other's different desires and skill levels while still having fun playing the great game of golf

Lastly, don't forget to check out our very informative, fact-filled website. You can visit it by clicking on this link: [CVWGC Website](#).

Let's go golfing!

Judy Brooke
President



A Haiku by Jan Singyke

Majestic mountain,
contented cows and friendly folk
urge us to take pause

The calm mountain waits.
While storming winds fuss and grind,
valley life succumbs

Frosty stormy days
deter our golfing urges.
Soft warm days will come.

A Haiku is a short form of poetry using a 17 syllable format (5-7-5).

Winter is Here

A Poem by Judy Brooke

Oh, so quiet I can't hear
The early morning bird song sing
Gone to winter it's long gone
Oh, for spring to hear them sing
Their early morning symphony



Why I Love Living in the Carson Valley



I love living in this cute little town of Gardnerville because in the winter we have snow, tree lighting festivities, a home town Christmas parade, and the streets are all decorated! And, of course, in the Spring, Summer and Fall we have golf! 🐾 *Janet Brown*

I love it because there are not very many CLOSED days at all of the valley golf courses. The people are amazing, the warm friendly feeling is beautiful, mountain views in every direction, four seasons to enjoy the garden, the flowers, the change of colors, and the snow. We have everything you could want in our quaint "lil" town. It has grown immensely since I was a "lil" girl, but I love everything about my home town. 🐾 *Rhonda Moore*

Not only is the valley a beautiful place to live and raise a family but in the winter it sure makes golf fun! At the end of the season last Fall, Margaret and I played while the ground was frozen. It was hole #2 and I'm hoping I make it over the river. Yippee! I make it over the river and lo and behold my ball bounces right into the hole giving me par! That may never happen again, but it sure was fun to watch! 🐾 *Jeanine Felix*

We have only lived here less than a year, and I am amazed at the beauty all around this valley. We have a beautiful view of the mountains from our back porch and the blue of sky is so vivid. I also love the many cloud formations we see here, especially the ones that look like UFO's. It is so nice to not have tall buildings blocking the views! 🐾 *Vickie Oland*

The location is ideal for us since we're closer to all the things we enjoy (downhill and cross-country skiing; snowshoeing, hiking, canoeing, star gazing, golfing, and playing pickleball) with less traffic. But we also found the best sunrises and sunsets!! 🐾 *Debbie Steele*

I love it because everyone is so friendly. It gives me a warm feeling living here. 🐾 *Sara Cleary*

I am as captivated by the Carson Valley as the rest of you. My first memory of its beauty was on my honeymoon. In mid October of 1966, my husband of one day and I came down Old Kingsbury Grade to possibly the most stunning view of my 22-year- old life. I still anticipate sharing that picturesque scene with family and friends. Nonetheless, I consider Smith Valley my little slice of paradise for my view of four mountain ranges from my deck. The tranquility is indescribable. One of the best parts is that I rarely hear traffic! Maybe that is why a few Carson Valley people have moved here. 🐾 *Mary Fesenmeier*

I love living in Carson Valley for many reasons. It's a quiet and peaceful environment. The people are all friendly, okay, there may be one or two sour grapes, but by far all are very pleasant, nice and just over all good people. It may get a bit chilly into the winter and a little warmer in the summer but the skiing, golfing, hiking and many other outdoor activities are second to none. It is not that crowded (yet) and you can still get from point A to point B with little effort and in a reasonable period of time. The cost of living, while going up, is still very affordable and a lot better than our neighbors to the left of us. Also, for the most part, you can still have a conversation about most anything without losing friends or being canceled. You can still just "agree to disagree" and order another round of Claws. 🐾 *Kathy Belvel*

I love Carson Valley for its beauty and being able to live in an area with a small town atmosphere, yet has so many amenities and recreational opportunities for us and our dogs. 🐾 *Sandy Trainer*

I love living in Gardnerville because of the beautiful weather, sunrises, friends, and it is not in California! Everywhere we traveled, four wheeling brought us here in three hours, now it is out our front door! 🐾 *Kelly King*



Terrified of the Sand?

3 Things That Make It Impossible to Get Out



More than a few of my friends simply cannot get out of the sand. The possibility of finishing or getting a good score on a hole is simply over when their ball goes into a greenside bunker. A bad shot can either be a thin, bladed shot or a shot that's left in the sand for yet another go around. I see some people who just go in and take the ball out, perhaps after giving it a reluctant obligatory whack, and drop it into the grass (and some just toss it onto the green).

It's a miserable feeling watching your ball head for a greenside bunker when you fear them. But you are hardly alone in your experience. The average woman golfer has handicap of about 29. Analysis of hundreds of thousands of amateur rounds by shotbyshot.com reveals that 50 percent of average women golfers miss the green with their next shot. That's right. Less than half the time does their first attempt from a greenside bunker end up on the putting surface.

Dave Pelz, the short game guru, writes that the bunker shot "is the one most dreaded by the average golfer." My coach Mario Bevilacqua, agrees and explains that you must do several things differently to get the ball out. And he adds, getting out on your first attempt should be your goal. Forget getting it close to the hole, he says — begin by setting your goal to get your ball out and onto the green on your first try.

The three keys to achieving this goal involve your set-up, backswing and follow-through. For each of the three parts we provide do's and don'ts.

Set-Up

No-no's:

- Ball is in the middle or back in your stance
 - Face of the club is square to your target
 - Posture is too upright (standing too tall) and narrow stance
 - Not enough bend forward and knee flex
 - Tilting backward
- #### What you should do:
- Make sure ball is forward in your stance; should be off your front foot or just inside the heel of your front foot
 - Make sure your club face is open at address — about 20 -30 degrees will suffice
 - Dig (wedge) your feet into the sand; bend at knees and widen stance
 - Weight should be forward (you should feel you have about 60 percent of your weight on your front foot, especially when you wedge your foot into sand)



Continued on next page ...



Terrified of the Sand? (cont.)

Backswing

No-no's:

- When you take your club back, your weight falls backwards onto your back foot instead of staying forward
- Shaft is taken back too flat and around your body rather than more upright as needed for this shot
- Face is in the same position as when you hit a normal shot meaning you did not open it at address so you don't have enough loft (face too closed)

What you should do:

- Weight forward
- Shaft upright and taken back more vertically (yes, this will feel "up and down")
- Face is open with bounce exposed
- Keep knees flexed

Follow Through

No-no's:

- Weight falls backwards
- Knees straighten up
- Club face closes which reduces loft which makes it harder to get ball up, and causes the club to dig into sand rather than slide through it. The common result is those skulled/bladed shots or a fat shot that goes a few feet

What you should do:

- Keep knees bent (stay down over your shot) and weight forward club enters sand

- This ensures the club comes down vertically and not from back behind you, as it would on a normal shot. If you keep the face open through the strike, it preserves the face's loft and allows the club to pass thru the sand without any interruption. Result is higher softer bunker shots.

Don't be Timid

However hard you would hit the ball out of the grass to get it where you want, you will need to hit it three times as hard out of the sand to get the same distance, says Jack Nicklaus.

P.S. So I've received numerous emails and personal comments about this post and how we all struggle with the sand. I only have one thing to add if the above becomes too complex, **if you do nothing else in the sand, and I mean nothing else, keep that ball forward off your front foot and make sure your weight is loaded on that front leg.**

I hope this is helpful!!

Article by: Tracey Blake
www.thewomangolfer.com
April 26th, 2021



Meet Jennie Citron, Sunshine Chair

Jennie Citron is our new Sunshine Chair, responsible for sending you all those lovely e-cards. She was born in Galveston, Texas, as a bona fide Air Force brat. She soon moved with her family to Hawaii, Mississippi, and Michigan, no doubt sparking her lifelong love of travel. When she was in elementary school, her father left the Air Force and her family settled in St. Paul, Minnesota. She went through all her school years there and then attended Carleton College in southern Minnesota. One summer vacation she took a job on a ranch in eastern Oregon where she met her first husband. She was employed by the US Forest Service working with the public, elected officials, and tribal representatives for 36 years while also raising award winning quarter horses with her husband. She had many special assignments throughout the years and even worked with the White House press office and met both President Clinton and VP Al Gore. Throughout her life she has visited 46 of the 52 States including Puerto Rico, and 17 countries, most recently Egypt.

After her first husband passed away, she moved to Arizona where she met her current husband, Al.

In February it will be six years they have been married, right here in Gardnerville! They now reside in Minden, snowbirding to Arizona in the winter.

In their retirement years, both Al and Jennie enjoy playing golf and traveling. Jennie also enjoys riding her bike, swimming, reading, exploring genealogy, and playing American Mah Jong. Most of all, she enjoys hanging out with her teenage grandson who lives near Lake Tahoe with his parents. Please welcome Jennie to the Carson Valley Women's Golf Club team.



Dear Patti

Patti Parker's Monthly Rules Advice Column

Dear Patti, you keep sharing information on different golf scenarios and **THE RULES**. Where do **THE RULES** come from? Signed, Just Wondering

Dear Just Wondering, what a great question. I thought you'd never ask! However, since your inquiring mind wants to know, let me tell you about the three different sources for **THE RULES**. The main source is the United States Golf Association (USGA). These rules apply to all golfers in the USGA playing a stroke-play game. The most recent edition is January 2023, and the newest rule changes were shared in the December issue of the *Golf Gossip*. Click on this link to access the December issue: [2023 New USGA Rules](#)

The second source is the Carson Valley Golf Course (CVGC) rules. This can be found on the back of the CVGC scorecard and apply to all golfers playing at CVGC. You can click on this link to view the scorecard on their website: [Scorecard Rules](#)

The third source is the Carson Valley Woman's Golf Club (CVWGC) Local Course Rules and these rules apply to all golfers playing in the CVWGC at CVGC. These rules were updated and approved by a vote of the CVWGC a few years back. Some of them can be found on your CVWGC clipboard or you can click on this link to see all the CVWGC'S Local Course Rules: [Local Course Rules](#).

You can also learn about some of the rules by watching these short, informative USGA Rules videos on our website. Click on this link to access them: [USGA Rules Videos](#)



Photo Bombs from the Tribe



D-D Woodruff skiing at Heavenly Ski Resort in celebration of her December birthday.



Jeanine Felix and her two daughters, Kathleen and Jessica, together at Christmas for the first time in four years!



PULSE
FITNESS

Where golfers gather!



D-D Woodruff and Diane Bartsch at **Pulse Fitness** taking the Spin Class.

Pulse Fitness

Workout

Wonderwomen: (L-R)

Diane Bartsch,

Lorna Johnston,

Margaret Fay,

Claudia Meyer,

Ursula McManus,

and Judy Brooke

(missing DD Woodruff)



The hardest shot is a mashie at ninety yards from the green, where the ball has to be played against an oak tree, bounces back into a sand trap, hits a stone, bounces on the green and rolls into the cup. That shot is so difficult I have only made it once. ~ Zeppo Marx

FEBRUARY Birthdays

Melinda Johnson 2/13

Jan Nolan 2/15

Jan Recanzone 2/16

Margaret Fay 2/17

Debbie Steele 2/21

We want not only your photos for future editions of *Golf Gossip*, but also any fun/funny tidbits of golf gossip you experience with your golfing partners! You can email your pictures and stories to: judypsalms100@gmail.com

Thank you for helping make *Golf Gossip* fun, informative and worth reading.



Judy Brooke

Vice President & Editor

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