



Hello Ladies!

We're back from the desert where Bill, Neva and I really enjoyed sunny days and lush green fairways. But your weather here was really nice too, and I know a number of you have been out on the course tuning up your game for the season which is almost here.

I am really looking forward to getting together and playing with all of you. The Board has worked hard at putting together a fun schedule that includes monthly themed games. As you can see from the Shankin' the Shamrock photo on the right, there are a few of you who really like to get into the spirit of the game! Let's all do it this year!

Our first themed event will be in May celebrating Cinco de Mayo, so get your Mexican groove on.

See you on the links!

Kelly King
President



Shankin' the Shamrock Golf Tournament
(Top row): Suze Ericson, Lorna Johnston, Sherrie Thorne, Donna Sugden. (Mid row): Julie Wallis, Kelly King, Margaret Fay, Sara Cleary. (Bottom row): DD Woodruff, Judy Brooke, Debbie Knapp, Jeanine Felix.

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Shankin' the Shamrock

Can't wait to do this with you all over again.



CVGC hosted the Shankin' the Shamrock Tournament on Saturday, March 12th. We had great representation once again with 12 lovely CVWGC ladies hitting the links to Shank the Shamrock. Over 144 players competed in a Modified Stableford Scramble. There were two closest-to-the-pin opportunities, a longest drive on Hole #15, and painted shamrocks on two fairways that allowed you to take a stroke off your play for that hole. You'd think with all those opportunities we'd rock it. Sadly, CVWGC had no claim to fame at this tournament although we should have won best dressed! *Pictured top left: the Shamrock Sistas Judy Brooke, Lorna Johnston, DD Woodruff, and Debbie Knapp. Pictured top right: Sara Cleary and Suze Ericson with their partners in crime, Mike Schneider and Bruce Sanford.* 🍀



Kelly, Bill & Neva cruising around enjoying the desert life.



Suze Ericson, Sara Cleary, Patti Parker and Janet Brown; March golf.



Debbie Knapp, Lorna Johnston and Judy Brooke; March golf..



Rhonda McClelland on 2/27, Hole #3. This is where her drive landed! Sunny and 60 degrees!



Kathy Belvel and Melinda and Wade Johnson skiing at beautiful Lake Tahoe.



When it's too cold to golf, we're playing cards! The DST carders/gamers (clockwise): Debbie, Suze, Janet, Linda, Judy, Jan and Patti.



Featured on the news playing at the CVGC March Madness Tournament: Joni Taylor, Laarni Gaurano, Tracy Aselson and Debbie Knapp.

Introducing New Board Members!

Meet Gail Ellingwood

Gail is originally from Maine and graduated from the University of Chicago with a B.A. in Theatre and Drama and a minor in French Literature.

Gail started her golfing journey by making a set of clubs for both she and her husband, Dan, who was already a golfer.

She still owns that set of clubs although she doesn't use them anymore.



She and Dan spent 22 years in Northern VA where Gail specialized in Information Security for Ernst & Young, Booz Allen and Hamilton (a technology and government consulting firm), and startup netgolfshop.com. She was on the corporate golf team for BA&H and met Nancy Lopez at the PGA show in Orlando, FL in 1999 while demoing netgolfshop's kiosk design. She spent her last four years before retirement in 2004 as the manager of Capital One's fledgling credit card security division.

Gail and Dan moved to Dan's hometown of Loyalton, CA where they opened Blue Moon Bakery and Gail also wrote for the Sierra Booster, a local newspaper. In 2004, she and Dan joined the Rotary Club of Loyalton and she has remained involved at several levels. In 2014, they made the move to Smith Valley.

While Gail's golfing experience has been interrupted over the last two years by health challenges, she is now ready to get serious about improving her game and participating in the women's club on a more regular basis.

Welcome, Gail, to your new role in the CVWGC!

Meet Margaret Fay

Margaret hails from across the Atlantic and was born in Edinburgh, Scotland. emigrating to Australia in 1955 where she attended The Metropolitan Business College and studied Accounting and Bookkeeping Machines. Not long after she married she emigrated to Canada and then Santa Monica, California.

Margaret's work experience includes a Ford dealership in Santa Monica as a bookkeeper, the banking industry in Simi Valley and a sales representative for a printing company in Chico. After the birth of her daughter, Tanya, she became a single mom spending her time making memories skiing, hiking, cycling, attending the local theater, and taking regular trips back to Australia to see family.

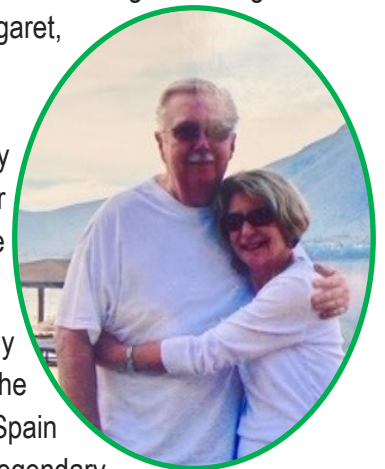
In 1988 she married Bob who worked as an instructor and teacher at Butte College Police Academy. In 2001, Margaret "retired" to raise her grandchild, Cameron, filling her next 16 years with soccer, baseball, chess club, football, fishing and working in Cameron's school. it was hard work, but a rewarding experience for her. In 2019, she "really" retired, and she and Bob moved to Minden where she got the bright idea to take up golf. According to Margaret,

"I probably made the decision a little late, but I'm having fun."

Margaret and Bob both enjoy hiking and cycling, trips in their RV, and traveling abroad. She also loves to knit and quilt.

Following in the footsteps of many others, Margaret will spend the month of May walking across Spain for nearly 500 miles along the legendary Camino Frances de Santiago.

Welcome, Margaret, as our new Treasurer!



Create the Perfect Golf Posture

By: Karen Palacios-Jansen LPGA Women's Network July 14th, 2017

Everything you do before you swing determines how well you strike the ball. With a poor setup, even the best golfers in the world will not hit the ball straight. Take the time to correctly set up each time for a consistent swing.

- A quality set up is completely relaxed and tension free.
- The stance is about shoulder width, providing a stable base from which to swing.
- Bending from the hip sockets as opposed to the waist will allow you to make a powerful body coil.
- Flex the knees only slightly.
- Let your arms hang naturally, not too close or too far from the body.
- Your back hand (the right hand for right-handed golfers, the left hand for left-handers) is lower on the club than the front hand. Hence, your back arm, shoulder, and hip will be slightly lower than the front side.



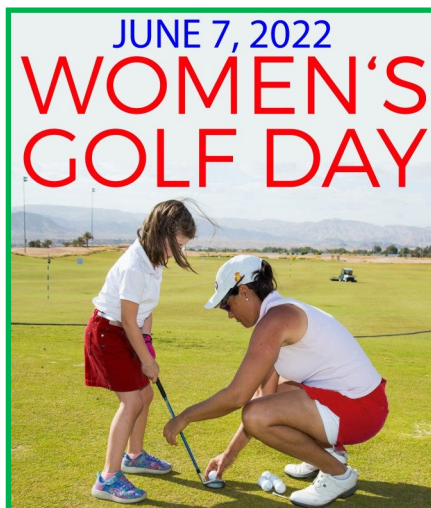
On-Course Exercise

Practice your posture with each club. Although clubs are different lengths, the basic golf posture remains the same. One key point to remember is to try to keep your spine in a neutral position, not too straight or not slumped over. The purpose of the golf posture is to create a position from which you can make an athletic swing.

Off-Course Exercise

Check your set-up and posture in front of a mirror and compare it to a photo of a professional golfer from a golf magazine, make sure your model is similar to your build and stature.

Click on this link to access the article: [Create the Perfect Golf Posture](#)



What is Women's Golf Day? Women's Golf Day (WGD) is a one-day event celebrating girls and women playing golf and learning the skills that last a lifetime. It is a global community introducing new female participants to golf and celebrating existing players by joining them together irrespective of race, religion, language, ethnicity or location. WGD allows women to explore various options in their community including local facilities, lessons, leagues and other ways to get involved in golf. It is a network of women around the world supporting golf and one another.

CVWGC in conjunction with CVGC will be celebrating WGD the first Tuesday in June (June 7th). Women in our community will be invited to attend and participate in our tournament play. Dan D'Angelo will host a free golf clinic, and lunch will be provided for all participants. More information will be coming soon.



Land it for a Lesson

Here are this month's trivia questions ...

1. What US President was inducted into the golf hall of fame in 2011?
2. What did the Gutta golf ball replace?

The first person to email Dan with the correct answer to **BOTH** questions is the winner. Email your answers to Dan directly at dan@carsonvalleygolf.com. Good luck!

Congratulations

We finally have a winner! Judy Brooke successfully answered both questions from the January/February "Land it for a Lesson" trivia questions.

Q. May I place my clubs in the bunker? A. Yes. You may place your equipment in the bunker as long as you don't improve any conditions affecting your upcoming stroke (this means to improve your lie, area of intended stance, area of intended swing or line of play) when placing or tossing the equipment into the bunker [see Rule 12.2b(2)].

Q. In the first published rules of golf how many rules were there? A. The current Rules of Golf published and approved by the United States Golf Association and the R&A Rules Limited consists of over 200 pages covering 34 rules in-depth. The first known written set of rules for golf consisted of 13 rules.

Dear Patti

Patti Parker's Monthly Rules Advice Column

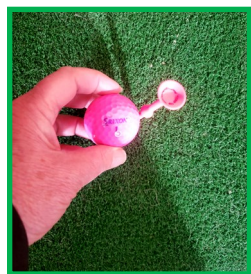


Dear Patti, I don't know which ball is mine in the fairway and I can't see any identifying marks clearly. What can I do to make sure I hit the right ball?

Signed, Unsure

Dear Unsure,

First, let me just say that the rules for lifting or moving a ball on the green differ slightly from lifting or moving a ball off the green. USGA Rule 7.3 specifically covers lifting or moving a ball **off** the green, and it allows you to lift or move a ball in play to identify it.



However, you **MUST** mark it before you either lift it or move it, and there are a couple of ways you can mark the ball. One way is to place the blade of your club to the side of the ball. A second way is to stick a tee into the ground next to the ball.

If you do lift or move a ball to identify it, you may **NOT** clean the ball other than to clearly see identifying marks. If you fail to either mark the ball or if you clean it while lifting or moving it, you get a **one-stroke penalty**. But even worse than the one-stroke penalty is the two-stroke penalty you get if you play the wrong ball. The moral of this story, "Be absolutely certain you are hitting your own ball!"



*Birthdays
In
April*

Rhonda McClelland 4/19
Julie Wallis 4/22
Tracy Aselson 4/28

We want not only your photos for future editions of *Golf Gossip*, but also any fun/funny tidbits of golf gossip you experience with your golfing partners! You can email your pictures and stories to: judypsalms100@gmail.com

Thank you for helping make *Golf Gossip* fun, informative and worth reading.



Judy Brooke

Vice President & Editor

Assistant Editor: Suze Ericson





Ladies, Say Hello to Golf on Thursdays!



RELAXED_FUN_FRIENDLY

4pm

9 holes of golf with cart

\$20 includes a glass of wine!

CALL 775-265-3181 TO SIGN UP

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