



Golf Gossip

November 2021, Volume 10—Think Pink



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Hello Ladies!

Last month we honored October as Breast Cancer Awareness Month. We have a few survivors in our group, and you can read some of their heroic stories on pages 4 and 5 of this issue of Golf Gossip.

October also ended our tournament play for the season. I am sad to see it go, but I'm hoping to get out there and play some this winter, and I hope to see you on the course too!

We had an amazing season, even though sometimes filled with frustration from all the smoke that limited our passionate pursuit of golfing.

Please be sure to welcome Margaret Fay, our new Treasurer for 2022, and all the returning Board Members. Thank you for the opportunity to serve you this last year, and I look forward to great times with you next season.

See you on the links!

Kelly King, President



October Weekly Tournament Winners

October 5th—Stableford/ Pink Ball Game:

- **1st Place Team:** ●
Janet Brown
Sara Cleary
Suze Ericson
Joan Scariani
- **2nd Place Team:** ●
Mary Stephans
Mary Milligan
Nora Stevens
DD Woodruff
- **3rd Place Team:** ●
Clarice Lommori
Jan Nolan
Patti Parker
Jan Recanzone
- **Closest to the Pin:**
Kathy Belvel

October 12th—Shamble:

- **1st Place:**
Ann Schleich
- **2nd Place:**
Rhonda McClelland
- **Closest to the Pin:**
Linda Davis
- **Chip-in Winners:**
Sara Cleary
Jan Recanzone
Sherrie Thorne

In honor of Breast Cancer Awareness Month, on 10/5 we played a **Pink Ball** round. Each team received one **Pink Ball** and players rotated playing that ball throughout the round. Teams that finished the round with their **Pink Ball** received a blingy Navika Breast Cancer Ribbon Ball Marker. All but one team returned their **Pink Ball**!



October 19th—String Game 4-Person Scramble:

- **1st Place Team:**
Melinda Johnson
Debbie Knapp
Patti Parker
Sherrie Thorne
- **2nd Place Team:**
Pam Bast
Suze Ericson
Ann Schleich
Mary Stephans
- **3rd Place Team:**
Judy Brooke
Margaret Fay
Mary Fesenmeier
Mary Milligan
- **Closest to the Pin:**
Mary Fesenmeier

Land it for a Lesson

1. In stroke play what is the penalty for practicing a putt or chip, in the middle of a round, on a green **AFTER** the ball has been holed out and a score recorded.
2. What is Tiger Wood's real first name?

The first person to email Dan with the correct answer to **BOTH** questions is the winner. Email your answers to Dan directly at dan@carsonvalleygolf.com. Good luck!

Congratulations

Last month's winner was Jan Recanzone who correctly answered: ❶ Arnold Palmer's nickname is "The King" and Jack Nicklaus' nickname is "The Golden Bear."
❷ Beginning in 2019, golfers have **3 minutes** to search for a lost golf ball.

Practice with the Pro

Come join Dan D'Angelo while he does a warm-up session and plays 9-holes. He will go over how he warms up for a round and then you can follow his thought process on the course. Everyone will get to hit shots and play from where the pro plays!



Practice with a Pro will be on Tuesday, November 9th, at 11:00 a.m. Normally this would be \$20 per person but all ladies club members will be **FREE!**

All Club members need to RSVP. If we don't take all the spots, Dan will open spots to the public.

Contact the Pro Shop at (775) 265-3181 to reserve your spot to practice with Dan!

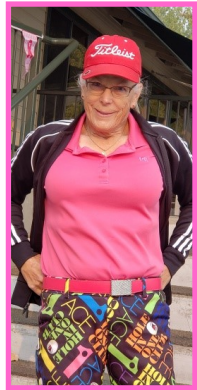


October Think Pink Tournament Play

Real Victories, Real Life. Real Golf.



Pam Parducci



Kathy
Belvel



Cancer Survivor DD Woodruff



Suze Ericson



Jan Recanzone & Pink-haired
Patti Parker



Lorna Johnston



Jan Nolan
& Mary
Milligan



Donna Sugden



Kelly King



Pam Bast



Ann Schleich



Sara Cleary



Janet Brown



From the creek at Hole #2 9/16/21

**"SUPPORTING THE FIGHTERS, ADMIRING THE SURVIVORS,
HONORING THE TAKEN, AND NEVER GIVING UP HOPE."**



LIVING BEYOND BREAST CANCER®



DD's Story

It was on DD's dad's birthday, April 18, 2011, when she heard the word "cancer" for the first time after a mammogram. She was 50-years-old and had been getting mammograms regularly since her mom had gone through her first bout of breast cancer 30 years ago and then a mastectomy 15 years later. DD said she was no different from most



people in that upon hearing the big "C" word, fear started to take over.

Since her mammogram showed a cluster of crystals, she went through a needle biopsy, and, as you know, it came out positive for cancer. She had a lumpectomy to remove the cancerous cells and some lymph nodes. There were some decisions she needed to make about her treatment. Because her cancer was low-grade, non-invasive, encapsulated and she had clear margins, she made the decision to refuse radiation.

In October 2016 she was cancer-free for five years. Unfortunately, her mammogram that year showed that she had crystals once again, this time in her right breast. Having been through this successfully once before, while she was very surprised to learn she had cancer again, this time the fear did not overtake her. The cancer, although low grade, was invasive. She went through another lumpectomy. But, once again refused radiation treatment. Instead, she went on the oral medication (an estrogen inhibitor), and has been on it since then—almost five years—with her next mammogram coming up at the end of this month.

"It does take a while for you to work your way back to "normal" so that everything in your life is not centered around your cancer," DD said. She feels she made the

right decisions for her body and the type of cancer she had, but each person is different. She encourages all women to start early with mammograms, do self-breast exams regularly, and if you do find something, get checked out right away—don't ignore it.

Mary's Story

Almost 35 years have passed since Mary Fesenmaier was diagnosed with breast cancer. She was fortunate to detect a lump very early on, and a needle biopsy confirmed the malignancy. On September 11th she received that call that no one wants to receive and heard the news no one wants to hear, "You have cancer."

Only five days later, on September 16th, Mary went in for her mastectomy. When the surgeon asked her if she wanted reconstruction, she asked him what his choice would be. He said he would recommend a flat scar. She has never regretted making that decision and is grateful for his honest opinion.

Mary had a few things in her favor as she started her journey. Her amazing support group to help her through the difficult days ahead consisted of her loving husband and five children between the ages of six and 19 who gave her all the incentive she needed to be strong. Faithful friends helped chauffeur her to basketball games and track meets while she went through chemotherapy every Friday after work. The nausea from the chemo was severe for a couple days after treatment, but by Sunday night she eagerly met the next day with joy and energy.

Today—35 years later and cancer-free—you find a healthy Mary still playing golf regularly and enjoying life to the fullest.





LIVING BEYOND BREAST CANCER®



Sandy's Story



Sandy feels that her cancer may be attributable to the amount of stress she was under prior to her diagnosis. Her husband, Jack, was laid off for nine months, both her mom and Jack's mom were ill. She was afraid something would happen to Jack as he was driving back and forth from Idaho to Texas to help out his mother. And, if that wasn't enough, their dog (who was like a child to them) was sick from a botched surgery. All of this added eight months to a year of stress in her life.

It 1997, the stress culminated in Sandy hearing the word "cancer". When she first heard the diagnosis she was horrified, shocked and scared to death because up until then, she had been lucky with a very healthy body. It was surprising since just one month earlier, she had her mammogram which was clear. It was during a normal self-exam she felt a very small bump and that had her back in her doctor's office. They biopsied it and found it was cancerous.

Sandy remembers feeling all alone even though Jack was very supportive. She didn't know much about breast cancer, so she talked to a lot of survivors who the medical community got her in contact with. They were able to help her understand what was going to happen and what she could expect both pre- and post-surgery.

Sandy ended up choosing a mastectomy because a lumpectomy would have meant radiation and chemo and Sandy was more afraid of that than the knife. She also chose not to have reconstructive surgery because she didn't want to go under the knife again.

One of the things that helped Sandy get through the breast cancer experience was to think positive. She said, "I'm a natural worrier so it made that more difficult." She decided to focus on the fact that it was caught very early, that her lump was not big, and that after the operation she didn't seem to be experiencing any problems. Sandy has now been cancer-free for 24 years and is very grateful.

Margie's Story

Margie's story starts with a tripping incident in 2013. She was hurrying around trying to get some things done before they took off for a trip in their motorhome when she accidentally tripped over a hose and landed on her left side. She was in a lot of pain, but still went to play golf that day (of course she did!). However, she ended up taking off a couple of weeks of golf after that due to her hurting side.

Not long after that, she was sitting in her chair when she felt like the Lord told her, "You need to get a mammogram." Without hesitating, she scheduled one and got in the very next day, a miracle in itself because it was normally a month. The next day she got a call and heard the chilling statement, "Could you please come back in, we need to do another mammogram."

Margie was terrified because she knew what her sister had gone through, suffering so much after her mastectomy. She went back, thinking it would be her left side, but her doctor told her, "No, it's your right side." She was totally shocked. The good news was that it was small and still at stage 1. Within one month of her mammogram, she had her lumpectomy, and they were able to get it all. After her surgery she went on the cancer pill, similar to DD.



Margie would usually get a mammogram, but not very often. She knows she should have because of her sister, but that's how she knows her whole story is a "God thing". Margie attributes her whole experience to God's divine intervention and thinks of herself as a miracle. God's the one who told her to get the mammogram, and if she hadn't fallen she most likely would not have gone in for one.

Margie's advice to all women is, "You have to listen to those inner voices and get in quickly. That's what made all the difference in my breast cancer story." Although Margie's sister passed away from her breast cancer in 2017, Margie just saw her doctor last week and he released her. She is now off the cancer pill and has been cancer-free for eight years.





Dear Patti, I hit my ball into a sand trap and it came to rest next to a rake. What do I do?

Signed, Sand Wedged in Rake

Dear Wedged,

In the sand you may remove a moveable obstruction such as a rake without penalty. If the ball is inadvertently moved then replace the ball to the original spot. After completion of your sand shot the courteous thing to do is to rake the sand of any divots and foot prints you made and then place the rake OUTSIDE of the bunker. Although there are no USGA "rules" for placement, the consensus recommends rakes be placed flat on the ground, tines up and parallel to the hole's direction of play where it is least likely to be hit by a ball in play.



On Par With Dan



The Importance of Clubs That Fit

One of the simplest things that a player can do to improve their game is make sure the equipment they are using fits them correctly. This is even more important with ladies where things like swing weight, length, and shaft flex can make a dramatic difference.

Most ladies should be playing with graphite shafted clubs to reduce weight and add yards to their drives. It is also extremely beneficial to have a grip that is comfortable and fits. I like to think of the grip as the most important part of the club because it is what the player actually feels when swinging a club. Think of it like having a fancy car with worn out tires. It doesn't matter how fast the car can go if it doesn't stick to the road.

There are so many equipment options and finding clubs that fit your swing can make a dramatic difference without having to spend hours at the range.

TURKEY SHOOT

At Carson Valley Golf Course

PUTT FOR PIE!

SATURDAY, NOVEMBER 13
10AM SHOTGUN
BEST 15 HOLES

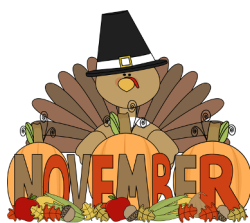
Turkeys 1st & 2nd place Ladies
Turkeys 1st & 2nd place Men
Turkey for best Junior!

\$40 includes golf, cart, food, prize fund

Season Pass Holders usual fee + \$20

Support CV Community Food Closet
Donate 3 canned goods = 1 Mulligan
(max 3 Mulligans)

Carson Valley Golf Course, 1027 Riverview Drive
775-265-3181



This month's birthdays:

Ann Henderson 11/02
Melissa Willis 11/03
Gail Ellingwood 11/23
Gwynn Sadlier Guette 11/26

We want not only your photos for future editions of *Golf Gossip*, but also any fun/funny tidbits of golf gossip you experience with your golfing partners! You can email your pictures and stories to: judy@psalms100@gmail.com. Thank you for helping make *Golf Gossip* fun, informative and worth reading.



Judy Brooke

Vice President & Editor

Assistant Editor: Suze Ericson